

Choosing a Sponsor

Candidates must choose a sponsor to help them with their faith journey and to act as a witness to their commitment to Christ and the Catholic Church. Ideally, candidates should first consider a godparent as their sponsor because of the connection between the two sacraments. It is in Baptism that we first receive the Holy Spirit into our souls. It is in Confirmation that we gradually come to accept for ourselves the faith which was given to us at Baptism. Confirmation is the last Sacrament of Initiation in which we become full members of the Catholic Church. It is only appropriate then, that the baptismal godparent play a significant role in the Sacrament of Confirmation as well.

If a godparent is not the ideal choice for you, another mature person of faith must be considered. This may be a relative or close family friend. Please prayerfully consider your choice.

The sponsor cannot be a parent of the candidate and must be able to fulfill several requirements.

- Be an active, practicing Catholic who has already received the sacrament of Confirmation.
- Be a responsible person who has experience with his or her faith and, hence, a clearer perspective from which to speak. The minimum age requirement is sixteen but it is recommended that you choose an adult. This person will be your mentor and spiritual companion walking you through the preparation.
- Be able to attend the scheduled sessions.
- Be present at the Confirmation Mass to witness your commitment to Christ.
- Be willing to meet with the candidate on a regular basis prior to the celebration of Confirmation for faith sharing and prayer.
- Make a commitment to continue the faith journey after the sacrament has been received.

Please print.

Confirmation candidate _____

Sponsor's name _____

Relationship to candidate _____

In 2 or 3 sentences explain why you chose this person to be your sponsor.

Preparation

How do you know whether you are ready for sacramental preparation? Please take some time to reflect upon these questions.

- Are you willing to participate in shared faith experiences?
- Does your behavior reflect developing maturity?
- Are you interested in being an active member of the faith community?
- Does your life reflect a desire to live a Catholic Christian life committed to the life and mission of the Church community?
- Are you interested in further exploring the Catholic faith?
- Do you attend Mass every Sunday?

Talk with your parents and other adults and then decide whether you feel ready to respond to the call to be a fully initiated member of the Catholic faith community.